**Joints (Articulations)**

**Chapter 9**

1. **Bony Joints**
2. **Fibrous Joints**
3. **Sutures**
4. **Gomphoses**
5. **Syndesmoses**
6. **Cartilaginous Joints**
7. **Synchondroses**
8. **Symphyses**
9. **Synovial Joints**
10. **General Anatomy**
11. **Articular cartilage**
12. **Joint cavity**
13. **Joint capsule**
14. **Accessory structures**
15. **Additional structures**
16. **Types**
17. **Ball-and-socket**
18. **Condylar**
19. **Saddle**
20. **Plane**
21. **Hinge**
22. **Pivot**

**C. Synovial Joint Movements**

**\*these are not on the video but are in the book; you are also to demonstrate them for Discussion Video Assignment #2**

1. **Flexion and Extension**
2. **Abduction and Adduction**
3. **Elevation and Depression**
4. **Protraction and Retraction**
5. **Circumduction and Rotation**
6. **Supination and Pronation**
7. **Dorsiflexion and Plantarflexion of the foot**